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The Gazette of the Democratic Socialist Republic of Sri Lanka
EXTRAORDINARY

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PART I : SECTION (I) — GENERAL

Government Notifications

CONVENTION AGAINST DOPING IN SPORTS ACT, No. 33 OF 2013

(Amended by Convention against Doping in Sport (Amendment) Act, No. 21 of 2025)

REGULATIONS made by the Minister of Sports under Section 34 read with Section 3 of the Convention against Doping in Sport Act, No. 33 of 2013.

SUNIL KUMARA GAMAGE (M.P),
Minister of Youth Affairs and Sports.

Colombo,
04th November, 2025.

Regulations

1. These regulations may be cited as the Anti-Doping (Prohibited List) Regulations No.11 of 2025.
2. These regulations shall be deemed to have come into operation on 01st, January 2026.

THE WORLD ANTI - DOPING CODE

THE 2026 PROHIBITED LIST

INTERNATIONAL STANDARD

The Official text of the **Prohibited List** shall be maintained by WADA and shall be published in English and French. In the event of any conflict between the English and French versions, the English version shall prevail.

This List shall come into effect on 01st January 2026
The 2026 Prohibited List
2025 September



1A- G 45756 - 403 (11/2025)

This Gazette Extraordinary can be downloaded from www.documents.gov.lk

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Some of these substance(s) may be found, without limitation, in medications used for the treatment of e.g. heart failure, hypertension.

WORLD ANTI-DOPING CODE

INTERNATIONAL STANDARD

PROHIBITED LIST

2026

This List shall come into effect on 1 January 2026

THE 2026 PROHIBITED LIST

WORLD ANTI-DOPING CODE

VALID 01 JANUARY 2026

Introduction

The Prohibited List is a mandatory International Standard as part of the World Anti-Doping Program.

The List is updated annually following an extensive consultation process facilitated by WADA. The effective date of the List is 01 January 2026.

The official text of the Prohibited List shall be maintained by WADA and shall be published in English and French. In the event of any conflict between the English and French versions, the English version shall prevail.

Below are some terms used in this List of Prohibited Substances and Prohibited Methods.

Prohibited In-Competition

Subject to a different period having been approved by WADA for a given sport, the In - Competition period shall in principle be the period commencing just before midnight (at 11:59 p.m.) on the day before a Competition in which the Athlete is scheduled to participate until the end of the Competition and the Sample collection process.

Prohibited at all times

This means that the substance or method is prohibited In- and Out-of-Competition as defined in the Code.

Specified and non-Specified

As per Article 4.2.2 of the World Anti-Doping Code, “for purposes of the application of Article 10, all Prohibited Substances shall be Specified Substances except as identified on the Prohibited List. No Prohibited Method shall be a Specified Method unless it is specifically identified as a Specified Method on the Prohibited List”. As per the comment to the article, “the Specified Substances and Methods identified in Article 4.2.2 should not in any way be considered less important or less dangerous than other doping substances or methods. Rather, they are simply substances and methods which are more likely to have been consumed or used by an Athlete for a purpose other than the enhancement of sport performance.”

Substances of Abuse

Pursuant to Article 4.2.3 of the Code, Substances of Abuse are substances that are identified as such because they are frequently abused in society outside of the context of sport. The following are designated Substances of Abuse: cocaine, diamorphine (heroin), methylenedioxymethamphetamine (MDMA/ecstasy”), tetrahydrocannabinol (THC).

S0 NON-APPROVED SUBSTANCES

PROHIBITED AT ALL TIMES (IN- AND OUT-OF-COMPETITION)

All prohibited substances in this class are Specified Substances.

Any pharmacological substance which is not addressed by any of the subsequent sections of the List and with no current approval by any governmental regulatory health authority for human therapeutic use (c.g. drugs under pre-clinical or clinical development or discontinued, designer drugs, substances approved only for veterinary use) is prohibited at all times.

This class covers many different substances including but not limited to BPC – 157, 2,4-Dinitrophenol (DNP), ryanodine receptor-1-calstabin complex stabilizers, [e.g. S-107, S48168 (ARM210)] and troponin activators (e.g. reldescmtiv and tirasemtiv).

S1 ANABOLIC AGENTS

PROHIBITED AT ALL TIMES (IN- AND OUT-OF-COMPETITION)

All prohibited substances in this class are non-Specified Substances

Anabolic agents are prohibited.

S1.1. ANABOLIC ANDROGENIC STEROIDS (AAS)

When administered exogenously, including but not limited to:

- 1-Androstenediol (5 α -androst-1-ene-3 β , 17 β - diol)
- 1-Androstenedione (5 α -androst-1-ene-3, 17-dione)
- 1-Androsterone (3 α -hydroxy-5 α -androst-1-ene- 17-one)
- 1-Epiandrosterone (3 β -hydroxy-5 α -androst-1-ene- 17-one)
- 1 -Testosterone (17 β -hydroxy-5 α -androst-1 -en-3- one)
- 4-Androstenediol (androst-4-ene-3 β ,17 β -diol)
- 4-Hydroxytestosterone (4, 17 β -dihydroxyandrost-4-en-3-one)
- 5-Androstenedione (androst-5-ene-3,17-dione)
- 7 α -Hydroxy-DHEA
- 7 β -Hydroxy-DHEA
- 7-Keto-DHEA
- 11 β - Methyl-19-nortestosterone
- 17 α - Methyl-19-nortestosterone (epistane)
- 19-Norandrostenediol(estr-4-ene-3,17-diol)
- 19-Norandrostenedione (estr-4-ene-3,17- dione)
- Androst-4-ene-3,11,17-trione (11-ketoandrostenedione, adrenosterone)
- Androstanolone(5 α -dihydrotestosterone, 17 β - hydroxy-5 α -androstan-3-one)
- Androstenediol (androst-5-ene-3 β ,17 β -diol)
- Androstenedione(androst-4-ene-3,17-dione)
- Bolasterone
- Boldenone
- Boldione (androsta-1,4-diene-3,17-dione)
- Calusterone
- Clostebol
- Danazol([1,2]oxazolo[4',5':2,3] pregna-4-en-20- yn-17 α -ol)
- Dehydrochloromethyltestosterone (4-chloro-17 β - hydroxy-17 α -methylandrosta-1,4-dien-3-one)
- Desoxymethyltestosterone (17 α -methyl-5 α - androst-2-en-17 β -ol and 17 α -methyl-5 α -androst- 3-en-17 β -ol)
- Dimethandrolone(7 α ,11 β -Dimethyl-19- nortestosterone)
- Drostanolone
- Epiandrosterone(3 β -hydroxy-5 α -androstan-17- one)

- Epi-dihydrotestosterone(17β-hydroxy-5β- androstan-3-one)
- Epitestosterone
- Ethylestrenol (19-norpregna-4-en-17α-ol)
- Fluoxymesterone
- Formebolone
- Furazabol(17α-methyl[1,2,5) oxadiazolo[3'4':2,3]-5α-androstan-17β-ol)

S1 ANABOLIC AGENTS (continued)

S1.1. ANABOLIC ANDROGENIC STEROIDS (AAS) (continued)

- Gestrinone
- Mestanolone
- Mesterolone
- Metandienone (17β-hydroxy-17α- methylandrosta-1,4-dien-3-one)
- Metenolone
- Methandriol
- Methasterone (17β-hydroxy-2α, 17α-dimethyl- 5α-androstan-3-one)
- Methyl-1 -testosterone (17β-hydroxy-17α- methyl-5α-androst-1 -en-3-one)
- Methylclostebol
- Methyldienolone (17β-hydroxy-17α- methylestra-4,9-dien-3 -one)
- Methylnortestosterone (17β-hydroxy-17α- methylestr-4 -en-3 -one)
- Methyl testosterone
- Metribolone (methyltrienolone, 17β-hydroxy- 17α-methylestra-4,9,11 -trien-3-one)
- Mibolerone
- Nandrolone (19-nortestosterone)
- Norboletone
- Norclostebol (4-chloro-17β-o1-estr-4-en-3-one)
- Norethandrolone
- Oxabolone
- Oxandrolone
- Oxymesterone
- Oxymetholone
- Prasterone(dehydroepiandrosterone, DHEA, 3β-hydroxyandrost-5-en-17-one)
- Prostanazol (17β-[(tetrahydropyran-2-yl)oxy] 1'H- pyrazolo[3,4:2,3]-5α-androstane)
- Quinbolone
- Stanozolol
- Stenbolone
- Testosterone
- Tetrahydrogestrinone (17-hydroxy-18α- homo-19-nor-17α-pregna-4,9,11 -trien-3-one)
- Tibolone
- Trenbolone (17β-hydroxyestr-4,9,11-trien-3- one)
- Trestolone(7α-Methyl-19-nortestosterone, MENT)

and other substances with a similar chemical structure or similar biological effect(s).

S1.2. OTHER ANABOLIC AGENTS

Including, but not limited to:

Clenbuterol, osilodrostat, ractopamine, selective androgen receptor modulators [SARMs, e.g. andarine, enobosarm (ostarine), LGD-4033(ligandrol), RAD140, S-23 and YK-11], zeranol and zilpaterol.

S2 PEPTIDE HORMONES, GROWTH FACTORS, RELATED SUBSTANCES, AND MIMETICS PROHIBITED AT ALL TIMES (IN- AND OUT-OF-COMPETITION)

All prohibited substances in this class are non-Specified Substances.

The following substances, and other substances with similar chemical structure or similar biological effect(s), are prohibited.

S2.1. ERYTHROPOIETINS (EPO) AND AGENTS AFFECTING ERYTHROPOIESIS

Including, but not limited to:

- S2.1.1 Erythropoietin receptor agonists, e.g. darbepoetins (dEPO); erythropoietins (EPO); EPO-based constructs [e.g. EPO-Fc, methoxy polyethylene glycol-epoetin beta (CERA)]; EPO-mimetic agents and their constructs (e.g. CNTO-530, peginesatide, pegmolsatide).
- S2.1.2 Hypoxia-inducible factor (HIF) activating agents, e.g. cobalt; daproduslat (GSK1278863); IOX2: molidustat (BAY 85-3934); roxadustat (FG-4592); vadadustat (AKB-6548); xenon.
- S2.1.3 GATA inhibitors, e.g. K - 11706.
- S2.1.4 Transforming growth factor beta (TGF- β) signalling inhibitors, e.g. luspatercept; sotatercept.
- S2.1.5 Innate *repair* receptor agonists, e.g. asialo EPO; carbamylated EPO (CEPO).

S2 PEPTIDE HORMONES, GROWTH FACTORS, RELATED SUBSTANCES, AND MIMETICS (Continued)

S 2.2. PEPTIDE HORMONES AND THEIR RELEASING FACTORS

- S2.2.1 Testosterone-stimulating peptides in males including, but not limited to:
 - Chorionic gonadotrophin (CG).
 - luteinizing hormone (LH).
 - gonadotrophin — releasing hormone (GnRH, gonadorelin) and its agonist analogues (e.g. buserelin, deslorelin, goserelin, histrelin, leuprorelin, nafarelin and triptorelin).
 - kisspeptin and its agonist analogues
- S2.2.2 Corticotrophins and their releasing factors, e.g. corticorelin and tetracosactide
- S2.2.3 Growth hormone (GH), its analogues and fragments including, but not limited to:
 - growth hormone analogues, e.g. lonapegsomatropin, somapacitan and somatogon
 - growth hormone fragments, AOD-9604 and hGH 176-191
- S2.2.4 Growth hormone releasing factors, including, but not limited to:
 - growth hormone-releasing hormone (GHRH) and its analogues (e.g. CJC-1293, CJC-1295, sermorelin and tesamorelin)
 - growth hormone secretagogues (GHS) and their mimetics (e.g. anamorelin, capromorelin, ibutamoren (MK - 677), ipamorelin., lenomorelin (ghrelin), macimorelin and tabimorelin)
 - GH-releasing peptides (GHRPs), (e.g. alexamorelin, examorelin (hexarelin), GHRP-1, GHRP-2 (pralmorelin), GHRP-3, GHRP-4, GHRP-5 and GHRP-6).

S2.3. GROWTH FACTORS AND GROWTH FACTOR MODULATORS

Including, but not limited to:

- Fibroblast growth factors (FGFs)
- Hepatocyte growth factor (HGF)
- Insulin-like growth factor 1 (IGF-I, mecasermin) and its analogues
- Mechano growth factors (MGFs)
- Platelet-derived growth factor (PDGF)

- Thymosin-β4 and its derivatives e.g. TB-500
- Vascular endothelial growth factor (VEGF)

and other growth factors or growth factor modulators affecting muscle, tendon or ligament protein synthesis/degradation, vascularisation, energy utilization, regenerative capacity or fibre type switching.

S3 BETA-2 AGONISTS

PROHIBITED AT ALL TIMES (IN- AND OUT-OF-COMPETITION)

All prohibited substances in this class are Specified Substances.

All selective and non-selective beta-2 agonists, including all optical isomers, are prohibited.

Including, but not limited to:

- | | | | |
|----------------|------------------|---------------|-------------------------------|
| • Arformoterol | • Indacaterol | • Reproterol | • Tretoquinol (trimetoquinol) |
| • Fenoterol | • Levosalbutamol | • Salbutamol | • Tulobuterol |
| • Formoterol | • Olodaterol | • Salmeterol | • Vilanterol |
| • Higenamine | • Procaterol | • Terbutaline | |

EXCEPTIONS

- Inhaled salbutamol: maximum 1600 micrograms over 24 hours in divided doses not to exceed 600 micrograms over 8 hours starting from any dose
- Inhaled formoterol: maximum delivered dose of 54 micrograms over 24 hours in divided doses not to exceed 36 micrograms over 12 hours starting from any dose
- Inhaled salmeterol: maximum 200 micrograms over 24 hours in divided doses not to exceed 100 micrograms over 8 hours starting from any dose
- Inhaled vilanterol: maximum 25 micrograms over 24 hours.

NOTE

The presence in urine of salbutamol in excess of 1000 ng/mL or formoterol in excess of 40 ng/mL is not consistent with therapeutic use of the substance and will be considered as an Adverse Analytical Finding (AAF) unless the Athlete proves, through a controlled pharmacokinetic study, that the abnormal result was the consequence of a therapeutic dose (by inhalation) up to the maximum dose indicated above.

S4 HORMONE AND METABOLIC MODULATORS

PROHIBITED AT ALL TIMES (IN- AND OUT-OF-COMPETITION)

Prohibited substances in classes S4.1 and S4.2 are Specified Substances. Those in classes S4.3 and S4.4 are non-Specified Substances.

The following hormone and metabolic modulators are prohibited.

S4.1. AROMATASE INHIBITORS

Including, but not limited to:

- | | |
|--|--|
| • 2-Androst-enol (5α-androst-2-en-17-ol) | • Anastrozele |
| • 2-Androst-enone (5α-androst-2-en-17-one) | • Androsta-1,4,6-triene-3,17-dione (androstatrienedione) |
| • 2- Phenylbenzo[h]chromen - 4 - one
(α - naphthoflavone; 7,8 - benzoflavone) | • Androsta-3,5-diene-7,17-dione (arimistane) |
| • 3- Androst-enol (5α - androst -3 - en -17- ol) | |

- 3-Androstene-3,6,17trione(6-oxo)
- 4 - Androstene - 3,6,17, trione (6-oxo)
- Aminoglutethimide
- Exemestane
- Formestane
- Letrozole
- Testolactone

S4.2. ANTI-ESTROGENIC SUBSTANCES [ANTI-ESTROGENS AND SELECTIVE ESTROGEN RECEPTOR MODULATORS (SERMS)]

Including, but not limited to:

- Bazedoxifene
- Clomifene
- Cyclofenil
- Elacestrant
- Fulvestrant
- Ospemifene
- Raloxifene
- Tamoxifen
- Toremifene

S4 HORMONE AND METABOLIC MODULATORS (continued)

S4.3. AGENTS PREVENTING ACTIVIN RECEPTOR IIB ACTIVATION

Including, but not limited to:

- Activin A-neutralizing antibodies
- Activin receptor IIB competitors such as:
 - Decoy activin receptors (e.g. ACE-031)
- Anti-activin receptor IIB antibodies (e.g. bimagrumb)
- Myostatin inhibitors such as:
 - Agents reducing or ablating myostatin expression
 - Myostatin-binding proteins (e.g. follistatin, myostatin propeptide)
 - Myostatin—or precursor-neutralizing antibodies (e.g. apitegromab, domagrozumab, landogrozumab, stamulumab)

S4.4. METABOLIC MODULATORS

S4.4.1

- Activators of the AMP-activated protein kinase (AMPK), e.g. 5-N,6-N-bis(2-fluorophenyl)-[1,2,5]oxadiazolo[3,4-b]pyrazine-5,6-diamine (BAM 15) AICAR, mitochondrial open reading frame of the 12S rRNA — c (MOTS - c)
- Peroxisome proliferator-activated receptor delta (PPAR8) agonists, e.g. 2-(2-methyl-4-((4-methyl-2-(4-(trifluoromethyl)phenyl)thiazol-5-yl)methylthio)phenoxy) acetic acid (GW1516, GW501516)
- Rev-erb α agonists, e.g. SR9009, SR9011

S4.4.2 Insulins and insulin-mimetics, e.g. S519, S597

S4.4.3 Meldonium

S4.4.4 Trimetazidine

S5 DIURETICS AND MASKING AGENTS

PROHIBITED AT ALL TIMES (IN-AND OUT-OF-COMPETITION)

All prohibited substances in this class are Specified Substances.

All diuretics and masking agents, including all optical isomers, e.g. d-and l- where relevant, are prohibited.

Including, but not limited to:

- Diuretics such as:
Acetazolamide; amiloride; bumetanide; canrenone; chlortalidone; etacrynic acid; furosemide; indapamide; metolazone; spironolactone; thiazides, e.g. bendroflumethiazide, chlorothiazide and hydrochlorothiazide; torasemide; triamterene;xipamide
- Vaptans, e.g. conivaptan,mozavaptan,tolvaptan
- Plasma expanders by intravenous administration such as:
Albumin, dextran, hydroxyethyl starch, mannitol
- Desmopressin
- Probenecid

and other substances with a similar chemical structure or similar biological effect(s).

EXCEPTIONS

- Drospirenone; pamabrom; and topical ophthalmic administration of carbonic anhydrase inhibitors (e.g. dorzolamide, brinzolamide);
- Local administration of felypressin in dental anaesthesia.

NOTE

The detection in an Athlete's Sample at all times or In-Competition, as applicable, of any quantity of the following substances subject to threshold limits: formoterol, salbutamol, cathine, ephedrine, methylephedrine and pseudoephedrine, in conjunction with a diuretic or masking agent (except topical ophthalmic administration of a carbonic anhydrase inhibitor or local administration of felypressin in dental anaesthesia), will be considered as an Adverse Analytical Finding (AAF) unless the Athlete has an approved Therapeutic Use Exemption (TUE) for that substance in addition to the one granted for the diuretic or masking agent.

PROHIBITED METHODS

PROHIBITED AT ALL TIMES (IN- AND OUT-OF-COMPETITION)

All prohibited methods in this class are non-Specified except methods in M2.2. which are Specified Methods.

M1. MANIPULATION OF BLOOD AND BLOOD COMPONENTS

The following are prohibited:

- M1.1. The Administration or reintroduction of any quantity of autologous, allogenic (homologous) or heterologous blood, or red blood cell products of any origin into the circulatory system.

The withdrawal of blood or blood components (including by apheresis), unless performed for 1) analytical purposes including medical tests or Doping Control, or for 2) donation purposes in a collection center accredited by the relevant regulatory authority of the country in which it operates.

- M1.2. Artificially enhancing the uptake, transport or delivery of oxygen.
Including, but not limited to:
Perfluorochemicals; efaproxiral (RSR13); voxelotor and modified haemoglobin products, e.g. haemoglobin-based blood substitutes and microencapsulated haemoglobin products, excluding supplemental oxygen by inhalation.
- M1.3. Any form of intravascular manipulation of the blood or blood components by physical or chemical means.
- M1.4. The use of re-breathing systems or equipment to deliver carbon monoxide, unless performed as a diagnostic procedure under the supervision of a medical or scientific professional.

M2. CHEMICAL AND PHYSICAL MANIPULATION

The following are prohibited:

- M2.1. *Tampering, or Attempting to Tamper, to alter the integrity and validity of Samples collected during Doping Control.*
Including, but not limited to:
Sample substitution and/or adulteration, e.g. addition of proteases to *Sample*.
- M2.2. Intravenous infusions and/or injections of more than a total of 100 mL per 12-hour period except for those legitimately received in the course of hospital treatments, surgical procedures or clinical diagnostic investigations.

PROHIBITED METIFADS (Continued)

M3. GENE AND CELL DOPING

The following, with the potential to enhance sport performance, are prohibited:

- M3.1. The use of nucleic acids or nucleic acid analogues that may alter genome sequences and/ or alter gene expression by any mechanism. This includes but is not limited to gene editing, gene silencing and gene transfer technologies
- M3.2. The use of normal or genetically modified cells or cell components (e.g. nuclei and organelles such as mitochondria and ribosomes).

S6 STIMULANTS

PROHIBITED IN-COMPETITION

All prohibited substances in this class are Specified Substances except those in S6.A, which are non-Specified Substances.

Substances of Abuse in this section: cocaine and methylenedioxymethamphetamine (MDMA / “ecstasy”)

All stimulants, including all optical isomers, e.g. d- and l- where relevant, are prohibited.

Stimulants include:

S6.A: NON-SPECIFIED STIMULANTS

- Adrafinil
- Amfepramone
- Amfetamine
- Amfetaminil
- Amiphenazole
- Benfluorex
- Benzylpiperazine
- Flmodafinil(2-[Bis(4-fluorophenyl) methylsulfinyl]acetamide)
- Fonturacetam
[4-phenylpiracetam (carphedon)]
- Furfenorex
- Hydrafinil (fluorenol)
- Lisdexamfetamine
- Mefenorex

- Bromantan
- Clobenzorex
- Cocaine
- Cropropamide
- Crotetamide
- Fencamine
- Fenetylline
- Fenfluramine
- Fenproporex
- Fladrafinil (2-[Bis (4- fluorophenyl) methylsulfinyl]-N-hydroxyacetamidc)
- Mephentermine
- Mesocarb
- Metamfetamine(d-)
- p-methylamfetamine
- Modafinil
- Norfenfluramine
- Phendimetrazine
- Phentermine
- Prenylamine
- Prolintane

A stimulant not expressly listed in this section is a *Specified Substance*.

S6 STIMULANDTS (continued)

S6.B: SPECIFIED STIMULANTS

Including, but not limited to:

- 2-phenylpropan-1 -amine (β -methylphenylethyl-amine, BMPEA)
- 3-Methylhexan-2-amine (1,2-dimethylpentylamine)
- 4-Fluoromethylphenidate
- 4-Methylhexan-2-amine(1,3-dimethylamylamine, 1,3 DMAA, methylhexaneamine)
- 4-Methylpentan-2-amine (1,3-dimethylbutylamine)
- 5-Methylhexan-2-amine (1,4 - dimethylamylamine, 1,4 - dimethyl pentylamine, 1,4- DMAA)
- Benzfetamine
- Cathine**
- Cathinone and its analogues, e.g. mephedrone, methedrone, and α - pyrrolidinovalerophenone
- Dimetamfetamine (dimethylamphetamine)
- Ephedrine***
- Epinephrine**** (adrenaline)
- Etamivan
- Ethylphenidate
- Etilamfetamine
- Etilefrine
- Eamprofazone
- Fenbutrazate
- Feneamfamin
- Heptaminol
- Hydroxyamfetamine (parahydroxyamphetamine)
- Isometheptene
- Levmetamfetamine
- Meclofenoxate
- Methy lenedioxymethamphetamine
- Methylephedrine***
- Methylnaphthidate [(\pm)-methyl-2-(naphthalen-2-yl)-2-(piperidin-2-yl)acetate]
- Melhylphenidate
- Midodrine
- Nikethamide
- Norfenefrine
- Octodrine(1,5-dimethylhexylamine)
- Octopamine
- Oxilofrine (methylsynephrine)
- Pemoline
- Pentelrazol
- Phenethylamine and its derivatives
- Phenmetrazinc
- Phenpromethamine
- Phenpromethamine
- Pseudoephedrine*****
- Selegiline
- Sibutramine
- Solriamfetol
- Strychnine
- Tcnamfetamine (methylene - dioxyamphetamine)
- Tesofensine
- Tuaminoheptane

and other substances with a similar chemical structure or similar biological effect(s).

EXCEPTIONS

- Clonidine, guanfacine
- Imidazoline derivatives for dermatological, nasal, ophthalmic or otic use (e.g. brimonidine, clonazoline, fenoxazoline, indanazoline, naphazoline, oxymetazoline, tetrazoline, tramazoline, xylometazoline) and those stimulants included in the 2026 Monitoring Program*.

* Bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol, and synephrine: These substances are included in the 2026 Monitoring Program and are not considered Prohibited Substances.

** Cathine (d-norpseudoephedrine) and its l-isomer: Prohibited when its concentration in urine is greater than 5 micrograms per millilitre.

*** Ephedrine and methylephedrine: Prohibited when the concentration of either in urine is greater than 10 micrograms per millilitre.

**** Epinephrine (adrenaline): Not prohibited in local administration, e.g. nasal, ophthalmologic, or co-administration with local anaesthetic agents.

***** Pseudoephedrine: Prohibited when its concentration in urine is greater than 150 micrograms per millilitre.

S7 NARCOTICS

PROHIBITED IN-COMPETITION

All prohibited substances in this class are Specified Substances.

Substance of Abuse in this section: diamorphine (heroin)

The following narcotics, including all optical isomers, e.g. d- and l- where relevant, are prohibited.

- | | | | |
|------------------------|--------------------------------|----------------|---------------|
| • Buprenorphine | • Fentanyl and its derivatives | • Nicomorphine | • Pentazocine |
| • Dextromoramide | • Hydromorphone | • Oxycodone | • Pethidine |
| • Diamorphine (heroin) | • Methadone | • Oxymorphone | • Tramadol |
| | • Morphine | | |

S8 CANNABINOIDS

PROHIBITED IN-COMPETITION

All prohibited substances in this class are Specified Substances.

Substance of Abuse in this section: tetrahydrocannabinol (THC)

All natural and synthetic cannabinoids are prohibited, e.g.

- In cannabis (hashish, marijuana) and cannabis products
- Natural and synthetic tetrahydrocannabinols (THCs)
- Synthetic cannabinoids that mimic the effects of THC

EXCEPTIONS

- Cannabidiol

S9 GLUCOCORTICOIDS

PROHIBITED IN-COMPETITION

All prohibited substances in this class are Specified Substances.

All glucocorticoids are prohibited when administered by any injectable, oral [including oromucosal (e.g. buccal, gingival, sublingual)] or rectal route.

Including, but not limited to:

- Beclometasone
- Betamethasone
- Budesonide
- Ciclesonide
- Cortisone
- Deflazacort
- Dexamethasone
- Flunisolide
- Fluocortolone
- Fluticasone
- Hydrocortisone
- Methylprednisolone
- Mometasone
- Prednisolone
- Prednisone
- Triamcinolone acetonide

NOTE

- Other routes of administration (including inhaled, and topical dental intracanal, dermal, intranasal, ophthalmological, otic and perianal) are not prohibited when used within the manufacturer's licensed doses and therapeutic indications.

P1 BETA-BLOCKERS

PROHIBITED IN PARTICULAR SPORTS

All prohibited substances in this class are Specified Substances.

Beta-blockers are prohibited In-Competition only, in the following sports, and also prohibited Out-of-Competition where indicated (*).

- Archery (WA)*
- Automobile (FIA)
- Billiards (all disciplines) (WCBS)
- Darts (WDF)
- Golf (IGF)
- Mini-Golf (WMF)
- Shooting (ISSF, IPC)*
- Underwater sports (CMAS)* in all sub disciplines of freediving, spearfishing and target shooting

*Also prohibited Out-of-Competition

Including, but not limited to:

- Acebutolol
- Alprenolol
- Atenolol
- Betaxolol
- Bisoprolol
- Bunolol
- Carteolol
- Carvedilol
- Celiprolol
- Esmolol
- Labetalol
- Metipranolol
- Metoprolol
- Nadolol
- Nebivolol
- Oxprenolol
- Pindolol
- Propranolol
- Sotalol
- Timolol

THE 2026 MONITORING PROGRAM *

The following substances are placed on the 2023 Monitoring Program:

1. **Anabolic Agents:**
In and Out-of-Competition: Ecdysterone
2. **Peptides Hormones, Growth Factors, Related Substances, and Mimetics**
(In and Out-of-Competition): Gonadotrophin-releasing hormone (GnRH) analogs in females under 18 years only
3. **Hypoxcn (polyhydroxyphenylene thiosulfonate sodium):**
In and Out-of-Competition:
4. **Stimulants:**
In-Competition only: Bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine.
5. **Narcotics:**
In-Competition only: Codeine, dermorphin (and its analogues), dihydrocodeine, hydrocodone and tapentadol.
Out-of-Competition: Fentanyl and tramadol
6. **Markers of Semaglutide and Tirzepatide:**
In and Out-of-Competition

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